

The school uses the SCARF resources for its PSHE curriculum. It provides a whole-school approach to develop children’s health & wellbeing through this curriculum area.

### YEAR A

#### EYFS Pre-School

<p><b>1. Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>• Marvellous me!</li> <li>• I'm special</li> <li>• People who are special to me</li> </ul>	<p><b>2. Valuing Difference</b></p> <ul style="list-style-type: none"> <li>• Me and my friends</li> <li>• Friends and family</li> <li>• Including everyone</li> </ul>
<p><b>3. Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Looking after myself</li> <li>• Looking after others</li> <li>• Looking after my environment</li> </ul>	<p><b>4. Being My Best</b></p> <ul style="list-style-type: none"> <li>• What does my body need?</li> <li>• I can keep trying</li> <li>• I can do it!</li> </ul>
<p><b>5. Keeping Myself Safe</b></p> <ul style="list-style-type: none"> <li>• People who help me and keep me safe</li> <li>• Safety Indoors and Outdoors</li> <li>• What's safe to go into my body</li> </ul>	<p><b>6. Growing and Changing</b></p> <ul style="list-style-type: none"> <li>• Growing and changing in nature</li> <li>• When I was a baby</li> <li>• Girls, boys and families</li> </ul>

#### EYFS Reception

<p><b>1. Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>•All About Me (R)</li> <li>•What Makes Me Special (R)</li> <li>•Me and my special people (R)</li> <li>•Who can help me? (R)</li> </ul>	<p><b>2. Valuing Difference</b></p> <ul style="list-style-type: none"> <li>• I’m special, you’re special (R)</li> <li>• Same and different (R)</li> <li>• Same and different families (R)</li> <li>• Same and different homes (R)</li> </ul>
<p><b>3. Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Looking after my special people (R)</li> <li>• Looking after Friends (R)</li> <li>• Being helpful at home and caring for our classroom (R)</li> <li>• Looking after money (1): recognizing using, spending (R)</li> </ul>	<p><b>4. Being My Best</b></p> <ul style="list-style-type: none"> <li>• Bouncing back when things go wrong (R)</li> <li>• Yes, I can (R)</li> <li>• Healthy eating (R)</li> <li>• Healthy eating (2) (R)</li> </ul>
<p><b>5. Keeping Myself Safe</b></p> <ul style="list-style-type: none"> <li>• Safe indoors and outdoors (R)</li> <li>• Listening to my feelings (1) (R)</li> </ul>	<p><b>6. Growing and Changing</b></p> <ul style="list-style-type: none"> <li>• Seasons (R)</li> </ul>

<ul style="list-style-type: none"> <li>• Who can help? (1) (R)</li> <li>• What's safe to go into my body (including medicines) (R)</li> <li>• Keeping safe online (R)</li> </ul>	<ul style="list-style-type: none"> <li>• Life stages – Human life stage. Who will I be? (R)</li> <li>• Where do babies come from? (R)</li> <li>• Getting bigger (R)</li> </ul>
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### Year 1 and Year 2

<p><b>1. Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>• Good friends (Y1)</li> <li>• Being a good friend (Y2)</li> <li>• Let's all be Happy (Y2)</li> <li>• Types of bullying (Y2)</li> </ul>	<p><b>2. Valuing Difference</b></p> <ul style="list-style-type: none"> <li>• Solve the problem (Y2)</li> <li>• When someone is feeling left out (Y2)</li> <li>• How do we make others feel? (Y2)</li> <li>• An act of kindness (Y2)</li> </ul>
<p><b>3. Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Harold goes camping (Y2)</li> <li>• Getting on with others (Y2)</li> <li>• When I feel like erupting (Y2)</li> <li>• Playing games (Y2)</li> </ul>	<p><b>4. Being My Best</b></p> <ul style="list-style-type: none"> <li>• What does my body do? (Y2)</li> <li>• My day (Y2)</li> <li>• My body needs... (Y2)</li> <li>• Harold's bathroom (Y2)</li> </ul>
<p><b>5. Keeping Myself Safe</b></p> <ul style="list-style-type: none"> <li>• Should I tell? (Y2)</li> <li>• Fun or not? (Y2)</li> <li>• Some secrets should never be kept (Y2)</li> <li>• I don't like that! (Y2)</li> </ul>	<p><b>6. Growing and Changing</b></p> <ul style="list-style-type: none"> <li>• My body, your body (Y2)</li> <li>• A helping hand (Y2)</li> <li>• Respecting privacy (Y2)</li> <li>• Haven't you grown (Y2)</li> </ul>

### Year 3 and Year 4

<p><b>1. Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>• Under pressure (Y4)</li> <li>• Ok or not ok (part 1) (Y4)</li> <li>• Ok or not ok (part 2) (Y4)</li> <li>• Different feelings (Y4)</li> </ul>	<p><b>2. Valuing Difference</b></p> <ul style="list-style-type: none"> <li>• Family and friends (Y3)</li> <li>• That is such a stereotype! (Y4)</li> <li>• Can you sort it? (Y4)</li> <li>• Islands (Y4)</li> </ul>
<p><b>3. Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Our helpful volunteers (Y3)</li> <li>• Helping each other to stay safe (Y3)</li> <li>• Why pay taxes? (Y4)</li> </ul>	<p><b>4. Being My Best</b></p> <ul style="list-style-type: none"> <li>• Derek cooks dinner! (healthy eating) (Y3)</li> <li>• Poorly Harold (Y3)</li> <li>• Basic first aid (Y4)</li> </ul>

<ul style="list-style-type: none"> <li>• In the news (Y4)</li> </ul>	<ul style="list-style-type: none"> <li>• What makes me ME! (Y4)</li> </ul>
<p><b>5. Keeping Myself Safe</b></p> <ul style="list-style-type: none"> <li>• Safe or unsafe? (Y3)</li> <li>• Danger or risk? (Y3)</li> <li>• The Risk Robot (Y3)</li> <li>• Raisin challenge (2) (Y4)</li> </ul>	<p><b>6. Growing and Changing</b></p> <ul style="list-style-type: none"> <li>• Relationship Tree (Y3)</li> <li>• Together (Y4)</li> <li>• My feelings are all over the place (Y4)</li> <li>• Moving house (Y4)</li> </ul>

**Year 5 and Year 6**

<p><b>1. Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>• Give and take (Y5)</li> <li>• Let's negotiate (Y6)</li> <li>• Solve the friendship problem (Y6)</li> <li>• Assertiveness skills (formerly Behave yourself - 2) (Y6)</li> </ul>	<p><b>2. Valuing Difference</b></p> <ul style="list-style-type: none"> <li>• Qualities of friendship (Y5)</li> <li>• Kind conversations (Y5)</li> <li>• OK to be different (Y6)</li> <li>• We have more in common than not (Y6)</li> </ul>
<p><b>3. Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Local councils (Y5)</li> <li>• Happy shoppers (Y6)</li> <li>• Democracy in Britain 1 – Elections (Y6)</li> <li>• Democracy in Britain 2 - How (most) laws are made (Y6)</li> <li>•</li> </ul>	<p><b>4. Being My Best</b></p> <ul style="list-style-type: none"> <li>• Five Ways to Wellbeing project (Y6)</li> <li>• This will be your life! (Y6)</li> <li>• Basic First Aid (Y5)</li> <li>• What's the risk? (1) (Y6)</li> <li>• What's the risk? (2) (Y6)</li> </ul>
<p><b>5. Keeping Myself Safe</b></p> <ul style="list-style-type: none"> <li>• Think before you click! (Y6)</li> <li>• To share or not to share? (Y6)</li> <li>• What sort of drug is...? (Y6)</li> <li>• Drugs: it's the law! (Y6)</li> </ul>	<p><b>6. Growing and Changing</b></p> <ul style="list-style-type: none"> <li>• How are they feeling? (Y5)</li> <li>• Taking notice of our feelings (Y5)</li> <li>• Helpful or unhelpful? Managing change (Y6)</li> <li>• I look great! (Y6)</li> </ul>

**YEAR B**

**EYFS Pre-School**

<p><b>1. Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>• Marvellous me!</li> <li>• I'm special</li> <li>• People who are special to me</li> </ul>	<p><b>2. Valuing Difference</b></p> <ul style="list-style-type: none"> <li>• Me and my friends</li> <li>• Friends and family</li> <li>• Including everyone</li> </ul>
<p><b>3. Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Looking after myself</li> <li>• Looking after others</li> <li>• Looking after my environment</li> </ul>	<p><b>4. Being My Best</b></p> <ul style="list-style-type: none"> <li>• What does my body need?</li> <li>• I can keep trying</li> <li>• I can do it!</li> </ul>
<p><b>5. Keeping Myself Safe</b></p> <ul style="list-style-type: none"> <li>• People who help me and keep me safe</li> <li>• Safety Indoors and Outdoors</li> <li>• What's safe to go into my body</li> </ul>	<p><b>6. Growing and Changing</b></p> <ul style="list-style-type: none"> <li>• Growing and changing in nature</li> <li>• When I was a baby</li> <li>• Girls, boys and families</li> </ul>

**EYFS Reception**

<p><b>1. Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>• All About Me (R)</li> <li>• What Makes Me Special (R)</li> <li>• Me and my special people (R)</li> <li>• Who can help me? (R)</li> </ul>	<p><b>2. Valuing Difference</b></p> <ul style="list-style-type: none"> <li>• I'm special, you're special (R)</li> <li>• Same and different (R)</li> <li>• Same and different families (R)</li> <li>• Same and different homes (R)</li> </ul>
<p><b>3. Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Looking after my special people (R)</li> <li>• Looking after Friends (R)</li> <li>• Being helpful at home and caring for our classroom (R)</li> <li>• Looking after money (1): recognizing using, spending (R)</li> </ul>	<p><b>4. Being My Best</b></p> <ul style="list-style-type: none"> <li>• Bouncing back when things go wrong (R)</li> <li>• Yes, I can (R)</li> <li>• Healthy eating (R)</li> <li>• Healthy eating (2) (R)</li> </ul>
<p><b>5. Keeping Myself Safe</b></p> <ul style="list-style-type: none"> <li>• Safe indoors and outdoors (R)</li> <li>• Listening to my feelings (1) (R)</li> <li>• Who can help? (1) (R)</li> <li>• What's safe to go into my body (including medicines) (R)</li> <li>• Keeping safe online (R)</li> </ul>	<p><b>6. Growing and Changing</b></p> <ul style="list-style-type: none"> <li>• Seasons (R)</li> <li>• Life stages – Human life stage. Who will I be? (R)</li> <li>• Where do babies come from? (R)</li> <li>• Getting bigger (R)</li> </ul>

### Year 1 and Year 2

<p><b>1. Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>• Our Feelings (Y1)</li> <li>• Feelings &amp; Bodies (Y1)</li> <li>• Don't do that</li> <li>• Types of bullying</li> </ul>	<p><b>2. Valuing Difference</b></p> <ul style="list-style-type: none"> <li>• Who are our special people? (Y1)</li> <li>• It's not fair (Y1)</li> <li>• Same OR different? (Y1)</li> <li>• Unkind, tease or bully? (Y1)</li> </ul>
<p><b>3. Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Around and about the school (Y1)</li> <li>• It's not fair (Y1)</li> <li>• Thinking about feelings (Y1)</li> <li>• How should we look after our money (Y1)</li> </ul>	<p><b>4. Being My Best</b></p> <ul style="list-style-type: none"> <li>• I can eat a rainbow (Y1)</li> <li>• Eat well (Y1)</li> <li>• Good friends (Y1)</li> <li>• Pass on the praise (Y1)</li> </ul>
<p><b>5. Keeping Myself Safe</b></p> <ul style="list-style-type: none"> <li>• Healthy me (Y1)</li> <li>• Super sleep (Y1)</li> <li>• Feelings and bodies (Y1)</li> <li>• What could Harold do? (Y1)</li> <li>• Good or bad touches? (Y1)</li> </ul>	<p><b>6. Growing and Changing</b></p> <ul style="list-style-type: none"> <li>• Inside my wonderful body (Y1)</li> <li>• Taking care of a baby (Y1)</li> <li>• Then and now (Y1)</li> <li>• Keeping privates private (Y1)</li> </ul>

### Year 3 and Year 4

<p><b>1. Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>• As a rule (Y3)</li> <li>• My special pet (Y3)</li> <li>• Looking after our special people (Y3)</li> <li>• How can we solve this problem? (Y3)</li> </ul>	<p><b>2. Valuing Difference</b></p> <ul style="list-style-type: none"> <li>• Respect and challenge (Y3)</li> <li>• Our friends and neighbours (Y3)</li> <li>• Let's celebrate our differences (Y3)</li> <li>• Zeb (Y3)</li> </ul>
<p><b>3. Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Recount task (Y3)</li> <li>• Harold's environment project (Y3)</li> <li>• Can Harold afford it? (Y3)</li> <li>• Earning money (Y3)</li> </ul>	<p><b>4. Being My Best</b></p> <ul style="list-style-type: none"> <li>• For or against? (Y3)</li> <li>• I am fantastic! (Y3)</li> <li>• Getting on with your nerves! (Y3)</li> <li>• Top talents (Y3)</li> </ul>

<p><b>5. Keeping Myself Safe</b></p> <ul style="list-style-type: none"> <li>• Alcohol and cigarettes: the facts (Y3)</li> <li>• Super Searcher (Y3)</li> <li>• None of your business! (Y3)</li> <li>• Raisin challenge (1) (Y3)</li> </ul>	<p><b>6. Growing and Changing</b></p> <ul style="list-style-type: none"> <li>• Body space (Y3)</li> <li>• Secret or surprise? (Y3)</li> <li>• Basic first aid (Y3)</li> </ul>
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**Year 5 and Year 6**

<p><b>1. Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>• How good a friend are you? (Y5)</li> <li>• Being assertive (Y5)</li> <li>• Our emotional needs (Y5)</li> <li>• Communication (Y5)</li> </ul>	<p><b>2. Valuing Difference</b></p> <ul style="list-style-type: none"> <li>• Happy being me (Y5)</li> <li>• The land of the Red People (Y5)</li> <li>• Respecting differences (Y6)</li> <li>• Tolerance and respect for others (Y6)</li> </ul>
<p><b>3. Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>• Rights, responsibilities and duties (Y5)</li> <li>• Two sides to every story (Y6)</li> <li>• Fakebook friends (Y6)</li> <li>• What's it worth? (Y6)</li> </ul>	<p><b>4. Being My Best</b></p> <ul style="list-style-type: none"> <li>• Basic first aid (Y6)</li> <li>• Different skills (Y5)</li> <li>• My school community (2) (Y5)</li> <li>• Independence and responsibility (Y5)</li> </ul>
<p><b>5. Keeping Myself Safe</b></p> <ul style="list-style-type: none"> <li>• Drugs: true or false? (Y5)</li> <li>• Smoking: what is normal? (Y5)</li> <li>• Alcohol: what is normal? (Y6)</li> <li>• Would you risk it? (Y5)</li> <li>• Decision dilemmas (Y5)</li> </ul>	<p><b>6. Growing and Changing</b></p> <ul style="list-style-type: none"> <li>• It could happen to anyone (Y5)</li> <li>• Media manipulation (Y6)</li> <li>• Pressure online (Y6)</li> <li>• Is this normal? (Y6)</li> <li>• Changing bodies and feelings (Y5)</li> </ul>